

**MAKE MARCH
PURPLE
FOR EPILEPSY**

QUESTIONS ABOUT EPILEPSY FOR KIDS

**1 IN 200 AUSTRALIAN CHILDREN
LIVE WITH EPILEPSY**

WHAT IS EPILEPSY?

EPILEPSY IS A BRAIN CONDITION. IT CAUSES THE MESSAGES IN THE BRAIN TO BECOME CONFUSED. THIS CAN CAUSE A PERSON WITH EPILEPSY TO HAVE A SEIZURE. NOT EVERYONE WHO HAS A SEIZURE WILL HAVE EPILEPSY. EPILEPSY IS NOT CONTAGIOUS.



WHAT IS A SEIZURE?

EVERYBODY'S SEIZURES LOOK DIFFERENT. SOMETIMES PEOPLE WILL SHAKE AND FALL TO THE GROUND. SOME PEOPLE WILL GO VERY QUIET AND STILL. OFTEN PEOPLE DO NOT KNOW THAT THEY ARE HAVING A SEIZURE.



WHAT DO I DO IF MY FRIEND HAS EPILEPSY?

BE KIND. YOUR FRIEND MIGHT BE WORRIED THEY WILL HAVE A SEIZURE AT SCHOOL AND THAT NO ONE WILL KNOW WHAT TO DO. THEY COULD BE SCARED TO TELL YOU THEY HAVE EPILEPSY. YOUR FRIEND MIGHT TAKE MEDICINE. IN THE EVENT OF A SEIZURE, STAY WITH YOUR FRIEND AND SEND SOMEONE TO GET A TEACHER.

